# Sland View

A PUBLICATION OF THE SANTA BARBARA-VENTURA COUNTY DENTAL SOCIETY • APRIL 2021



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The Santa Barbara-Ventura County Dental Society provides referrals to American Dental Association, dental-board licensed dentists in Santa Barbara & Ventura counties.

Locally, member dentists work together to make a difference in our community through programs such as Dentist-With-A-Heart, Free School Screenings, Give Kids A Smile and many, many other programs to promote oral health to your friends and neighbors.

SBVCDS members are members of the California Dental Association and the American Dental Association. They agree to abide by the ADA Code of Ethics, and we stand by the quality of their work. Almost 80% of the dentists in our community are members.



What's the easiest, most fun way to stay on the cutting edge of what's going on in dentistry and stay current with what your colleagues are doing?

We will be having regular drawings throughout the year from among our friends to win various fun prizes. And... at the end of the year, one of you will win \$500!

### Up? SBVCDS Events **Fee Event/Speaker** Day/Date CPR Renewal (HYBRID) at SBVCDS Office ...... \$60 Apr 20 CE WEBINAR PROVIDED BY LEGALLY MINE ...... FREE Apr 30 CPR Renewal (HYBRID) at SBVCDS Office ...... \$60 May 18 CPR Renewal (HYBRID) at SBVCDS Office ...... \$60 **Jun 15** CPR Renewal (HYBRID) at SBVCDS Office ...... \$60 **Jul 20** We also offer monthly Radiology Safety Certification courses - Call for details

### PRESIDENT'S MESSAGE

Sara Cizek, DDS **President** 



Welcome to Pandemic Year 2! The downside is the pandemic is still here. The upside is: so are we! One year ago, while in the old Locky D, we were wondering how we'd overcome the awesome challenges facing our future selves, our practices, and our profession. Truly the past year has shown dentists are resilient problemsolvers, tenacious in the face of adversity, and stronger when working together towards goals bigger than any individual.

All levels of organized dentistry worked tirelessly and continue to do so to sustain our livelihoods.

ADA worked on our behalf at the national level, contributing to the guidelines and recommendations to safely administer dental care during a pandemic. They stridently opposed the misconception spreading through the media that patients should put off "routine" dental care. Leadership also worked to ensure we were represented when emergency funding was discussed at the national level.

CDA was instrumental in clarifying guidelines and finding feasible solutions to our most pressing problems. Between the spreadsheets, recommendations, and webinars, we could move more confidently forward in planning to reopen with resources and guidelines regarding safety for ourselves, our staff, and our patients. More recently, CDA

has worked to give us vaccinator opportunities to help tamp down the spread of Covid in our own communities.

At the local level, all-hands-ondeck helped maintain lines of communication with the regulatory powers in both Ventura and Santa Barbara Counties. When testing was in short supply, we were able to re-open without the requirement of patients being tested before dental treatment. PPE was coordinated with our counties and vaccine priority was granted for dentists. When N95 masks became mandatory for Ventura County, Linda Lacunza (our esteemed executive director) all but instantaneously had Fit Testing organized for our members. None of these things happened by accident.

Finally, all of our member dentists stepped up to the plate. Between retrofitting and outfitting our offices to manage an airborne pandemic, having unexpected visits from public health to verify we had all our posters and hand sanitizers, and managing patient anxiety in a caring manner, our members are not only still here, we're moving forward. The fact that so many patients feel safe enough to come to the dentist is a major testament to the commitment we've made to the health and safety of our community. Many obstacles remain, especially as our cities and counties start opening up

for business as usual, but I fully expect our members to rise to the challenge, as always.

As we move forward, I hope you feel a surge of hope. Things ARE getting better. While we can't quite let our guard down, we can finally make plans for someday. Until someday comes, it is important to maintain your aliveness and connection to others. Keep having those Zoom Happy Hours. Keep perfecting your grilled pizza recipe. Sign up for virtual CDA; bonus if you coordinate with a friend to watch a class together and then gossip via text just like at the inperson convention (uncomfortable ballroom chair optional)! See how many books you can read between now and when N95's are a dim memory. Keep checking in on folks with less robust social networks. Set up outdoor get-togethers. Put forth the effort to sustain your sense of normalcy and connection with others until the glorious days when we can take going out to eat and dance and sing for granted again.

This Quarter's Challenge: Make a new friend. You can do this!

Collegially yours,

Sara Cizek

Sara Cizek, DDS President 2021 SBVCDS

### TRUSTEE'S REPORT

**April 2021** 

Dear Members:

What a year these last 12 months have been. I hope you are all back to work and doing well.

Over the last 12 months CDA has been hard at work to fight for all of us. With the virus continuing to spread through our communities CDA is still canceling all in-person events. With this we have been working hard to provide online alternative for continuing education. Once again CDA Presents will be a virtual meeting. I hope you all had the opportunity to attend the last virtual meeting and will again. We have been working to improve the experience and increase the courses and vender options to provide you the best possible meeting.

With the challenges COVID-19 has brought to dentistry CDA has been working hard support its dentists.

 CDA is advocating that all dental plans share in the costs of these necessary infection control measures, without which dental care is not currently possible, by providing a minimum PPE payment per patient visit through the end of 2021. After several months of advocacy, the California Department of Insurance and the Department of Managed Health Care have both acknowledged that health care providers are in economic distress and that health insurance plans have some responsibility to ensure they support distressed practices as a part of maintaining an adequate provider network. Both regulators have requested information from plans about types of assistance they are offering (such as grants, supplemental payments or PPE reimbursement) but have stopped short of mandating. CDA is advocating for targeted, time-limited relief

that will help keep provider networks intact and prevent massive disruption to dental care access in California.

• CDA is working with the California Department of Public Health and the legislature to ensure that once reliable rapid testing technology is available, dentists can obtain and use COVID-19 test kits to identify positive, asymptomatic patients and route them to the appropriate venue for care, obtain all applicable lab licenses and receive reasonable reimbursement for administering tests.

In addition to working hard on COVID issues CDA is still involved on many other issues in dentistry.

- CDA worked in coalition with other employer organizations to oppose SB 1383 which Expands California Family Rights Act and express the unique concerns of dental practices. The California Family Rights Act (CFRA) and the federal Family Medical Leave Act (FMLA) have provided eligible employees up to 12 work weeks of protected, unpaid leave. CFRA only applies to employers with 50 or more employees, and this leave can be taken for the birth, adoption or foster care placement a child or for the employee's own serious health condition or that of a child, parent or spouse. SB 1383 will reduce the CFRA employee threshold to businesses with five or more employees, applying CFRA's provisions to nearly all employers, including a large percentage of dental practices.
- CDA is co-sponsoring legislation to end the ban and restore local governments' ability to address the health inequities in their communities and direct their own economies, including by instituting a tax on sugary beverages.

Facts about the effects of sugary drinks on health and the effectiveness of sugary-drink taxes

are available on the Californians for Less Soda website.

- With alarming rise in vaping and e-cigarette use among youth, who often use flavored nicotine-filled products, CDA is a strongly supporting SB 793 (Hill), which prohibits the sale of flavored tobacco products, including electronic cigarettes. According to the California Department of Public Health, youth who would otherwise not have smoked cigarettes or used other tobacco products are still choosing to use flavored, electronic smoking devices. The tobacco industry is funding a referendum for the November 2022 ballot to repeal SB 793 and has submitted signatures to qualify the measure. If it qualifies, the law would be suspended until the election, allowing tobacco companies to continue selling these addictive products for two more years.
- Over the past several years, CDA has worked to improve transparency of dental plans for dentists and consumers. AB 1962 (2014) required commercial dental plans to annually disclose to the state how much premium revenue they spend on patient care versus administrative costs, which is known as a dental loss ratio (DLR). The reported data show a wide range of premium revenue spent on patient care, with a quarter of all California dental plans spending less than 50% of premiums on care and some plans even falling below 10%. SB 1008 (2018) built upon this by requiring all dental plans to use a uniform matrix to disclose their benefits directly to consumers, similar to the one used by medical plans. This provides plan beneficiaries with a uniform summary of plan details, including covered services, reimbursement levels, estimated enrollee cost share, limitations and exceptions. In 2019, CDA successfully sponsored AB 954 (Wood, D-Santa Rosa) which requires dental benefit plans to be more transparent about the common practice of "leasing" access to a network of contracted dentists from another dental benefit plan to provide clarity for patients and providers, reduce confusion and help preserve trust in the dentist-patient relationship.

These transparency measures help level the playing field for consumers and providers, are consistent with standards that apply to medical plans and help hold dental plans accountable for how they spend premium dollars.

• CDA supported SB 653 by Senator Ling Ling Chang (R-Diamond Bar), which permits registered dental hygienists to apply fluoride varnish without the supervision of a dentist. It will also allow RDHs to provide services in medical offices through the virtual dental home model of care and in a larger variety of public health programs. Additionally, this bill expands the settings where registered dental hygienists in alternative practice can provide local anesthesia and soft tissue curettage when following specified safety protocols, including the collaboration of a dentist, in order to increase access to dental care in underserved areas and populations throughout California. SB 653 is the result of significant negotiations and collaboration efforts between Senator Chang, CDA and the bill sponsor, the California Dental Hygienists' Association. SB 653 passed out of the legislature and was signed by the governor.

There are many other issues being addressed by CDA. Please go to CDA.org to get more information on COVID and all the other issues facing dentistry and the support for your practice.

Wishing you all the best in 2021,



Lyndon Lambeth

Lyndon Lambeth, DDS Trustee, SBVCDS

# FROM LINDA



Hello dear members~

I am happy to write this brief message to you... just knowing you are here, surviving and thriving, warms my heart.

We at the society are finding our groove. On a personal level, 2020 was one for the books in many ways. I got married (over ZOOM) to a wonderful man and while I never had parenthood in my plans, I am now a proud step-mom to a great kid! In the office, I've had an unbelievably fantastic board to work with during such unprecedented times. While this often meant multiple meetings, quickly forging new relations with government agencies as had never been needed before, and being available pretty much at all times to address each crisis as it came, your Board of Directors never flinched. I am so grateful.

And now in 2021, we are moving forward. We are working more closely than ever with CDA to be sure our members are able to access their needed CEs quickly and easily, and to advocate for laws that benefit your practices. We are safely offering the courses which are mandatory in-person such as CPR and Radiation Safety. Our social media accounts have grown exponentially as members learn that breaking news and important updates can be found there first. My remote Santa Barbara office is fully aligned with our Ventura office, to create more efficiencies and perhaps serve our entire membership better than ever. And my tremendous staff, Felipe Diaz and Mayra DeLeon, have never ceased their dedication as we strive to give you the continued excellence you deserve.

As per the 2021 Board directives, we understand that finding quality office staff is a difficulty for our members, so please stay tuned for updates as we prioritize that issue, among others.

"True happiness... is not attained through self-gratification, but through fidelity to a worthy purpose. – Helen Keller"

You all have such a worthy purpose, it's my happiness to help you fulfill it.

Yours in service,

### **2021 SBVCDS BOARD OF DIRECTORS**



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Jeremy Patelzick, DDS Director, Section II 400 W Ventura Blvd Ste 165 Camarillo, CA 93010



**Blake Mueller, DDS** Director, Section III 911 Hampshire Rd Ste 5 Westlake Village, CA 91361 Santa Barbara, CA 93105



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Jesse Lanzon, DDS Director, Area B 1111 E Ocean Ave Ste 5 Lompoc, CA 93436



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Linda Lacunza, MA SBVCDS and SBVCDCF **Executive Director** 1607 E Thompson Blvd Ventura, CA 93001 execdirector@sbvcds.org



1607 E. Thompson Blvd., Ventura, CA 93001

### MOST AMERICANS PLAN TO VISIT DENTISTS IN 2021

In recognition of World Oral Health Day on March 20, Delta Dental has published a survey that shows Americans are focused on their oral health and recognize its integral role in their overall health, even during the COVID-19 pandemic

The survey was conducted between December 28, 2020, and January 8, 2021, among a nationally representative sample of more than 1,000 U.S. adults. The findings showed 90% of Americans believe that maintaining oral health is essential to protecting their overall health during the pandemic.

Additionally, 72% of Americans are paying closer attention to their oral care habits at home as a result of COVID-19. Furthermore, 93% of Americans plan to visit the dentist in 2021, the survey found.

"With nearly all Americans reporting that they plan to visit the dentist in 2021 and high levels of commitment to oral health habits at home, we are optimistic this will contribute to a positive shift toward improved overall health across the country," stated James Hutchison, president and CEO of Delta Dental, in a press release.



# In need of face shields?

SBVCDS MEMBERS CAN CALL AND RESERVE FACE SHIELDS TO BE PICKED UP AT OUR VENTURA OFFICE BY APPOINTMENT

Limited while supplies last.

805-648-7282





### **NEW MEAL AND REST PERIOD LAWS**



A recent California Supreme Court ruling that requires stricter meal practices in the workplace underscores the responsibility of dental practice owners to enforce break policies that are compliant with California laws.

The Feb. 25 ruling stems from the Donohue v. AMN Services, LLC case in which an employee sued her employer for not complying with California's requirement to provide a minimum 30-minute unpaid meal period within the first five hours of work.

According to the lawsuit, the employer's timekeeping policy rounded time punches to the nearest 10-minute increment, resulting in meal periods that were as short as 22 minutes being rounded up to 30 minutes.

The Supreme Court found that rounding the time for meal breaks infringes on an employee's right to a full 30-minute meal period and that an employee must be properly compensated for shortened breaks.

The court also ruled that time records showing a missed short or late meal period raises a "rebuttable presumption" of a meal period violation and that an employer must ensure that an employee is relieved of their duties and has a reasonable opportunity to take an uninterrupted 30-minute break.

This case highlights the importance of dental practice owners to have clear meal break policies and accurate timekeeping practices in place.

According to Littler, an employment and labor law practice, <u>employers</u> <u>should consider the following</u>:

- Have policies and practices that notify employees of the availability of timely, uninterrupted and complete meal and rest periods.
- Accurately track that employees are provided with a minimum full 30-minute meal period that starts prior to completing the fifth hour of work and the tenth hour for second meal periods and does not utilize rounding.
- Determine whether an employee is entitled to a meal period premium, which is one hour of pay at their regular rate of pay, and pay that premium accordingly.

Employers who fail to provide a required meal period must pay a meal period premium. An employer is not liable for meal period violations if they can prove that meal period premiums were paid or that the employee was provided a compliant meal period during which they voluntarily chose to work during the break or skip, shorten or delay the break.

As a best practice, employers should provide legally compliant meal breaks, discourage employees from working through their meal breaks and avoid paying meal period premium routinely.

Dental practice owners can use CDA's <u>Sample Meal and Rest Break Policy</u> as a guide for drafting a policy specific to their dental office.





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<sup>\*</sup>Coverage is subject to compliance with all requirements of a vaccine emergency waiver; vaccine manufacturers requirements, and policy provisions.

### Can My Employee Refuse to Come Back to Work Post COVID?

Original article by: Kim Gusman on California Employers Association

As the COVID-19 hospitalizations continue to decline and vaccinations continue to increase, more employers are requiring employees to return to the office. A frequent question on our HR Advisor Hotline is whether an employer can fire an employee if they refuse to come back to work.

While we cannot stress enough that you must first consider all of the reasons someone might refuse to return to the office, it's unlikely that fear of the virus or preferring to work from home will be a legally defensible excuse for refusing to work in the office.

### 1. WHAT DO I DO IF MY EMPLOYEES DON'T WANT TO COME BACK TO WORK?

It depends on why they are not coming back to work. If the employee refuses with no explanation or reason, ask the employee for a reason. If none is given, then the employee is voluntarily separating from employment or terminated (refer to your policy). However, if the employee or a family member has a health-related issue impacting their ability to return, you must determine if the employee is protected under applicable law (such as the Americans with Disabilities Act [ADA], Fair Employment and Housing Act [FEHA], or local supplemental [COVID-related] paid sick leave) requiring a leave of absence or another form of reasonable accommodation. If there is a childcarerelated issue review the new emergency leaves and California's school activities leave.

### 2. WHAT IF MY EMPLOYEE SAYS THEY ARE AFRAID TO RETURN TO WORK?

Fear of the virus is on the mind of most employees being called back to work. People might say, "I'm afraid I will get sick at work and bring it home to my family." In the notice to employees that there is work available, employers should outline all actions being taken to comply with federal, state, and local laws to ensure a safe and healthy workplace such as cleaning protocol, staggered shifts, social distancing, etc. And, make sure that you have met all those safety requirements. Check your local city and county COVID-19 resource pages, as well as CDC and Cal-OSHA for guidance. Tell your employees additional training on these protocols will be implemented on their return.

### 3. WHAT IF MY EMPLOYEE SAYS THAT THEY ARE "IMMUNOCOMPROMISED"?

When an employee tells you that they are not willing to come back to work because they are immunocompromised you should now begin going through the ADA/FEHA interactive process to determine what accommodations are needed to allow them to return to work safely. Request a doctor's note outlining any limitations and proposed accommodations including, but not limited to, providing the employee with a special mask, allowing the employee to work remotely, or putting the employee on a leave of absence.

### 4. AM I ALLOWED TO TAKE MY EMPLOYEE'S TEMPERATURE?

Yes. Employers are allowed to ask about COVID-related symptoms and take the temperature of employees under guidance from the Equal Employment Opportunity Commission (EEOC). If temperature taking at the workplace is mandated, the time spent being tested and waiting for a test is considered part of the workday. Reminder—those records are confidential medical records that should be maintained so that only those with a legitimate right of access can see those files.

Note: Cal/OSHA's emergency temporary regulation does not permit employers to mandate COVID-19 testing as a condition of returning to work. You may request a release from the employee's doctor that they are cleared to come back to work.

### 5. SHOULD I REQUIRE MY EMPLOYEES TO WEAR A MASK?

Yes, Cal/OSHA's emergency temporary regulation requires employees to wear face coverings under most circumstances, unless a reasonable accommodation is requested related to a disability/medical condition or sincerely held religious belief. While employees can choose to wear their own, preferred face coverings, the employer is required to provide face coverings or reimburse employees for this cost.

### 6. CAN I REQUIRE MY EMPLOYEES TO GET VACCINATED BEFORE RETURNING TO THE OFFICE?

Since vaccines aren't widely available yet, a policy requiring vaccinations may be premature. However, in general, you may require employees to get the COVID-19 vaccine, so long as the vaccination is job-related and consistent with business necessity. Certain industries (i.e., healthcare, emergency responders, essential workers, customer-facing businesses) may have stronger arguments that they meet this standard than other businesses (i.e., remote businesses, low-risk office jobs, etc.). Even if you satisfy this standard, you must make reasonable accommodations for disabilities and sincerely held religious beliefs.

There are other non-legal considerations in deciding if you are going to require vaccinations. Consider employee morale: Forcing employees to choose between a vaccine and their job could undermine your relationship with your employees, with the added risk of employees claiming those mandatory vaccines disparately impact them.

Other aspects to consider when deciding if you'll require employees to get the vaccine are: discipline and enforcement; possible accommodation requests; cost (if you require vaccinations, you may need to provide onsite vaccination services for free); the administrative burden of scheduling vaccinations and recordkeeping requirements (including ADA and HIPAA compliance); and how your company will handle the possible side effects of the vaccine (will you allow employees to take paid time off to recover from vaccine-related symptoms?).

### 7. WHAT CAN I DO TO ENCOURAGE MY EMPLOYEES TO GET VACCINATED?

Employers can encourage employees to get vaccinated by disseminating positive communications and preparing education plans designed to address employee concerns. You should frame the company's decision as a step toward ensuring the health and safety of employees and their families.

Some employers are also offering "vaccine incentives," such as small cash bonuses and paid time off to employees to get vaccinated when they're eligible. For example, some employers are providing two to four hours of PTO to employees scheduled to get the vaccine. However, this is still a legal "gray area" as there is no clear guidance from state and federal agencies on appropriate incentives. Particularly, issues may arise if the employer does not provide the same benefit to employees who cannot get the vaccine due to a disability/medical condition or sincerely held religious beliefs.

We are awaiting additional guidance from the Equal Employment Opportunity Commission (EEOC) and the California Department of Fair Employment and Housing (DFEH) regarding legal incentives. Stay tuned!





4 OUT OF 10 PEOPLE IN VENTURA AND SANTA BARBARA COUNTIES RECEIVE NO DENTAL CARE.

### GIVE BACK

You already do so much for the public. You give of your time and talents. Any gift of your treasure right now to your Dental Care Foundation will be magnified to provide much-needed care to those who would otherwise not see a dentist.

### CALL TO DONATE ASAP

Your 100% tax-deductible donation to your Dental Care Foundation to prominently collaborate with the many organizations that are in place but needing our help.



# LEGALLY MINE



Legally Mine is an asset protection, estate planning, and tax strategy group. The mission of Legally Mine is to empower members of the healthcare community with the knowledge and tools to protect their assets from lawsuits, build professional license safeguards into their legal structures & legitimately reduce their tax liability.

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### REFER A NEW MEMBER ...and get new rewards!

A CDA member's personal experience with our support, advocacy, education and protection is a powerful referral tool. And, there's no better time to introduce a colleague to the value of organized dentistry.

With 27,000 dentists working together, our community is growing stronger than ever. Our newest benefit of membership, tdsc.com, leverages that shared strength to deliver big savings on 25,000 dental supplies through one easy-to-shop site.

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The more new members you refer, the more rewards! Get started today!

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### In Rememberance



### BARNARD G. VALESKA, DDS

First, please know that Barney left this world quickly, unexpectedly and painlessly on February 18th doing one of things he loved best: booking a flight for another adventure. Barney knew from a young age he wanted to be a dentist. He attended UCSF Dental School where he made lifelong friends. In 1983 he opened his own practice at El Mercado plaza and was a fixture there for over 40 years. In true Santa Barbara fashion, he met his wife, Gabriella, at Joe's Cafe and they married on July 4, 1996. While COVID means we can't gather to celebrate his life, Barney would be honored if you raised a glass in his name, shared a joke or hiked one of Santa Barbara's beautiful trails with a friend. In lieu of flowers, the family suggests a donation to the County Foodbank or efforts to preserve San Marcos Hills and Yosemite National Park.



### DR. DAVID BIRENBAUM

After serving as a Captain in the army, David Birenbaum chose to live in a small town called Thousand Oaks, of which he was only the 4th dentist to start a practice there.

Dr. Birenbaum served as President of the Santa Barbara/Ventura County Dental Society in 1982. He will be greatly missed. "On to the next adventure, David."



### **CARMEN LEE**

In Memory of Carmen Gomez-Lee, Dr. Jan Beierle has made a very kind contribution to the Santa Barbara Ventura County Dental Care Foundation. Carmen Lee was a faithful dental employee who served the dental community and patients for about 50 years. She worked as a dental assistant and for the last 40 years as front desk. Many offices in Ventura will remember her and her delightful personality. She was surrounded by her devoted family at the time of her passing. Beloved wife, mother, grandmother, sister and friend, Carmen will be missed terribly by all. A lifelong resident of Ventura, CA, Carmen was deeply involved in her community, her church and devoted to spending as much time as possible with her children, grandchildren, and friends. Carmen was truly a dental angel walking among us. She will be greatly missed.

## We miss you!!

Your dedicated team at the Santa Barbara Ventura County Dental Society office is here for you!



Call us anytime we can be of assistance 805-648-7282

### Nominations for 2022 Board of Director positions

DIRECTOR SECTION 3 (THOUSAND OAKS AREA) – DR. YAFTALY
DIRECTOR AREA B (NORTHERN SANTA BARBARA) – DR. LANZON
DIRECTOR AT LARGE (VENTURA COUNTY) – DR. KOH
SECRETARY/TREASURER – DR. NOBEL
TRUSTEE – DR. BECK-UHL

If you are interested in learning more about serving your profession, contact Linda today! 805-648-7282

### **HELP IS ONE CALL AWAY.**

THE CDA WELL-BEING PROGRAM

Concerned that you or a dental professional you know may have an alcohol or chemical dependency problem? Support is available.

**SOUTHERN CALIFORNIA WELL-BEING COMMITTEE** 

(714) 600-6173



#### KEEP THIS HELPFUL RESOURCE **VACCINE COMPARISON CHART**

We're sure you have been hearing many questions from your patients, staff, friends and family about the various vaccines against the COVID-19 virus. You probably have questions of your own. The chart below outlines the main differences in the 5 vaccines that are currently or will soon be available to the public. This information is subject to change. For the latest vaccine information, please visit the CDC website at https://www.cdc.gov/ coronavirus/2019-ncov/vaccines/index.html

	How it works	Efficacy	Dosage	How well it works on COVID-19 mutations	How easily it can be tweaked to target new variants	Side effects	How it's stored	Availability
Pfizer/ BioNTech	Messenger RNA (mRNA) vaccine	95% against symptomatic disease	Two shots, 21+ days apart	May be less effective against variants but still protects well. More evidence is necessary to validate findings.	Can be changed in 2-3 days. Pfizer is already working on a booster shot against emerging variants but testing and approval processes may cause delays.	Pain and soreness at shot location. Up to 50% of people may experience flu-like symptoms: chills, fatigue and headaches, more after the second dose.	Must be stored at -94° Fahrenheit	Now being distributed to the public through emergency use authorization.
Moderna	Messenger RNA (mRNA) vaccine	94.5% against symptomatic disease	Two shots, 28+ days apart	May be less effective against the South Afri- can variant, but a study shows it can still provide effective protection. More data is needed.	Can be changed in 2-3 days. Moderna is working on a booster shot specifi- cally targeting the South African variant	Pain and soreness at shot location. Up to 50% of people may experience flu-like symptoms: chills, fatigue and headaches, more after the second dose.	Must be stored at -4° Fahrenheit	Now being distributed to the public through emergency use au- thorization.
Novavax	Protein sub- unit vaccine using a syn- thetically pro- duced piece of the corona- virus to train the immune system how to recognize and dismantle the virus. Does not contain live virus.	89.3% against symptomatic disease	Two shots, 21+ days apart	Approximately 85.6% effective against the U.K. variant and 60% the South African variant.	Easily altered within a short time to adapt to variants. Novavax is devel- oping a booster targeting the South African variant.	Mild pain and tenderness where the shot is given. Some people may experience fatigue, headaches or muscle aches.	Basic refrig- eration	Novavax expects to be vaccinating people by May or June.
Johnson & Johnson	Viral vector shot, using an adenovirus (the type of virus that causes the common cold) to train the immune system how to recognize and dismantle the virus.	66% at preventing symptomatic disease, 85% at prevent- ing severe disease, 100% against hos- pitalization and death	One dose	Well, but overall efficacy does seem to drop with variants. The vaccine was 72% effective in U.S. trials, 66% in Latin American trials involving the variant that's dominating Brazil and 57% in South Africa, where the B.1.351 variant has taken hold. Even so, it still provides protection against hospitalization and death.	Changing viral vector vaccines isn't *quite* as simple as modifying mRNA vaccines, but it's still a fairly easy process without a super long timeline, according to experts.	9% of recipients reported fever. Others experi- enced the typical symptoms: fatigue, headaches, muscle pain and injection site pain.	Basic refrig- eration	Johnson & Johnson's vaccine has just been approved for distribution.
Oxford/ AstraZeneca	Viral vector shot, using an adenovirus	70% against symptomatic disease	Two doses. In studies, the doses were given between four to 12 weeks apart.	It appears to work just as well on the variant detected in the U.K., but data is still being collected on how effectively it protects against the variant identified in South Africa.	Similar to Johnson & Johnson — slower than an mRNA, but still speedy.	Pain and tender- ness at the injec- tion site. Fatigue, headaches, muscle aches, chills and fever have also been reported.	Basic refrig- eration	Now being distributed in the European Union through emergency authorization use. It's still under trial in the U.S. and may not be approved for useuntil the spring.

Source: "How The COVID-19 Vaccines Compare To Each Other" By Julia Ries 02/03/2021 https://www.huffpost.com/entry/how-covid-vaccines-compare\_l\_60186e8fc5b6aa4bad36a3b0 Originally printed in Santa Clara County Dental Society's The Cutting Edge, Vol. 57, No. 1 - Winter 2021

### ONLINE CE COURSES

AT A GLANCE



CLINICAL TEACHING METHODOLOGY INFECTION CONTROL FOR LICENSE RENEWAL

CDPA AND INFECTION CONTROL BUNDLE

BEYOND THE SCIENCE: PATIENT EMOTIONS IN DENTISTRY (ONLINE READER)

FRAMEWORK FOR POSITIVE AND EFFECTIVE INTERACTIONS



CDA PRESENTS



Go to CDA Presents | California Dental Association to register now!



### NOW ENROLLING

### RADIOLOGY CERTIFICATION

Obtain your x-ray license in just a couple of steps!

### (805) 648-7282 | SBVCDS.ORG

Students working for, or interning at, the office of an SBVCDS member dentist can train at that office and turn in the required x-rays to SBVCDS for evaluation. Please contact us for a FULL course description.

Course Price: \$400





### A HYBRID OPTION FOR SAFETY

SBVCDS is collaborating with Rescue Training Institute of Southern California to provide our members with a CPR Renewal option in compliance with Dental Board requirements.

### **Online Component**

Upon registering, you will be provided with a link to an online course which will need to be completed prior to your scheduled in-person skills test.

### **In-person Skills Test**

We will schedule the date and time for you or your group upon registration and payment. The skills test will be scheduled in 30 minute time slots from 6:30pm - 8:30pm on the dates below.

2021 Calendar

- January 19
- February 16
- March 16
- April 20
- May 18

- June 15
- July 20
- September 21
- October 19
- November 16

**Call to register your spot (805) 648-7282** 

office@sbvcds.org | www.sbvcds.org | (805) 648 7282



### SBVCDS JOB BANK

Search our listings for potential employees and employment opportunities!

Please visit

### sbvcds.org/jobsclassifieds

and follow the directions below

### Dental Professionals looking for employment:

- 1. Register as a non-member
- 2.IMPORTANT: As you're registering, make sure you set your profile to "visible" so potential employers may see your contact info.
- 3. Upload your resume
- 4. Submit

Once signed in, you will also find job posts from our member dentists that you can contact and apply through the individual office.

### Member Dentists looking to hire staff:

- 1. Sign in to your member account.
- 2.Select "I am a Job Provider"

You will see a list of applicants to choose from. Click the paperclip icon next to a name to download their resume (if they have included one).

### Member Dentists looking for employment:

- 1. Sign in to your member account
- 2. Select I am a Job Seeker
- 3. In the top right hand corner, click **Post Resume** and follow the prompts.

IMPORTANT: Make sure you select "visible" in the Privacy section.







# Delta Dental indefinitely postpones scheduled fee cuts for 2,200 specialist dentists in California

Delta Dental of California proposed reductions to the "maximum allowable fees" for approximately 2,200 endodontists, periodontists and oral surgeons in California will not take effect July 1, as previously scheduled. Instead, Delta Dental has decided to indefinitely postpone the previously announced fee reductions.

**CDA has been urging Delta Dental** to reevaluate the proposed fee reductions since Delta Dental first announced them last February, not only due to the pandemic but also because CDA believed that the reductions were based on invalid and insufficient data and would violate Delta Dental's duties under its contracts with providers.

CDA on March 26 provided further support for its claims by sending Delta Dental a specific legal analysis setting forth why the reductions would, in CDA's view, be unlawful and by providing data that CDA believed backed up its contentions. This morning, Delta Dental announced that it had decided to postpone the reductions indefinitely.

CDA's consistent goal has been and remains to ensure that Delta Dental is honoring its contractual obligations to members and providers. While tile current issue appears to be resolved for now CDA will continue to monitor the situation on specialists' behalf for any developments.

### Updating fees annually ensures dental plans receive accurate fee data

CDA encourages dentists to file annually for the increases that they believe are fair and reasonable. If not filed annually, Delta Dental can decide that no increase is needed. Request increases to your full UCR annually and when submitting requests for fee reimbursement, submit your normal UCR rather than just the Delta Dental approved fee. For assistance submitting these requests, contact CDA Practice support's dental benefits analyst.



### Keep in touch with SBVCD

News to Share? Let us know! Put it in the Island View!

Make it short and newsy!

Mail this form to us or fax it to (805)648-5154

News	from	SBVCDS	Member	
(D] 026	o nri	n+)		

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Retiring? Selling a practice? Buying a practice? Office successes? Please share with your colleagues!

Recently been elected to a community service club or professional leadership role? Please share your success!



Free to SBVCDS members! Want to sell some dental equipment? Looking for an associate? Looking for a particular item or service? Searching for a particular item or service? (25 words or less)

New member in your family? Boy \_\_\_\_ Girl \_\_\_\_

Name

Date Born \_\_\_\_\_

Siblings?\_\_

**ANYTHING GOES!** Have a question you want the Board of Directors to answer in the newsletter? Have one of your kids achieved an outstanding accomplishment?

Ideas to contribute? Review a recent CE you attended! Share something you learned at a CE!

### Highlights of some of your member benefits!



### **Continuing Education**

CE Courses Infection Control/DPA Renewal **CPR Renewal** Radiology Certification Study Clubs

### Island View Newsletter

Localized updates of your dental community **Business Practice Resources Upcoming Event Notifications** 

### Other Benefits

"Community" of Dentists Member Social Events Annual Golf Social PPE Distribution Assistance

### **Online Resources**

Employment Job Bank Classifieds Listings Compliance Documents & Templates Calendar of Events Local Ordinance Updates

### **Professional Services**

Practice Management Hotline Shredding Events Mask Fit Testing Events Patient Referrals **Business Referrals** Emergency Prep Planning

For even more services and information, please give us a call at (805-648-7282) or find us at **sbvcds.org** 













More Benefits as a CDA, ADA Member



**Legislative Advocacy** 

**TDIC Membership Eligibility** 

**MORE Practice Management Tools** 

**Annual Conferences** 

**24 Hour Patient Referrals** 

**MORE CE Courses** 







#### PARTNERSHIPS / ASSOCIATESHIPS / POSITIONS

Ortho - Pedo/ortho practice in Santa Maria looking for ortho associate for immediate hire with possible buy-in after 1-2 year commitment. 10-12 days / month. For details please email cv to keithtamdds@gmail.com

Seeking to purchase practice: Quality-driven, compassionate general dentist seeking to purchase practice in greater Santa Barbara area. Will also consider partnership or future buyout. Please e-mail Kevin.Faist@gmail.com

Seeking D.A. (Part Time) -Seeking DA to work Santa Barbara. Please contact Dr. Su at (805)683-3801.

#### **GOT STAFF?**

Your Dental Society maintains lists of applicants seeking dental positions. On our website (www.sbvcds.org), under the Professionals menu, click on "Classifieds" and enter your ADA number as both your username and password, or call us at 805-648-7282 for a FAX.

#### **SPACE OFFERED**

Dental or Medical Office Space for Lease: 724 E. Chapel, Santa Maria, Excellent location, fully equipped and ready for patients -low overhead practice or second office location! 805-358-2728, ameriansones@gmail.com

"Ortho Office Space available in Carpinteria - 1150 sq. ft., \$2530.00/month utilities included, no NNN - Bathroom, Lab - X Streets: Carpinteria Ave. and Arbol Verde Call 805-684-4537"

### **EQUIPMENT FOR SALE / WANT TO BUY**

Gendex 8500 DDE Pano. In great condition. A new motor recently installed other than that, never had any problems. Just bought a cone beam so no need for it. Please call (805)984-0230 or email for any questions to seabridgedental@msn.com

Surgical chair for donation! It's a MTI Tri-Power 726 featuring coordinated back and foot knee break operation designed for superior access to patient's head and neck areas. No damage to vinyl covering. PICK UP IN SANTA BARBARA. Call 805-729-5480 for inquiries or find pictures at tiny. cc/chair4sale

Dentist office for lease at 7235 Telegraph Rd. Ventura, CA. 93003 Approximately 1,700 square feet. Beautiful location with lots of parking. Newly updated. Contact: Denise Borchert @ 818-929-4499

Wanted: small used autoclave and ultrasonic cleaner for new one chair hygiene clinic at Westminster Free Clinic Homeless Shelter in WLV. 805.377.7457 (sell or donate)

#### **SERVICES**

Locum Tenens Dentistry (Temporary Dental Services) specializing in long-term, maternity and vacation leaves. Dr. Cole 1978 USC graduate 805-953-5224 www.smilesforalifetime.com

Locum Tenens Dentist- for when you need someone who is productive & dependable in your absence. Dr. Tina Brenza Northwestern 1996 (815)621-1021 drbrenza@gmail.com. CV available upon request.

PLACE A CLASSIFIED AD! GIVE US A CALL (805)648-7282 OR EMAIL US AT ADMIN@SBVCDS.ORG.

### **Island View**

A PUBLICATION OF THE SANTA BARBARA-VENTURA **COUNTY DENTAL SOCIETY** 



1607 E. Thompson Blvd., Ventura, CA 93001

#### **OUR SUPPORTERS:**





WEALTH PARTNERS



#### **MISSION STATEMENT**

The mission of the Santa Barbara-Ventura County Dental Society is to serve the members and the communities they serve, and to advance the art and science of dentistry.











#### **SOCIETY STAFF**

**EXECUTIVE DIRECTOR** Linda Lacunza, M.A. execdirector@sbvcds.org

**ADMINISTRATIVE SECRETARY** Mayra DeLeon admin@sbvcds.org

**OFFICE COORDINATOR** Felipe Diaz office@sbvcds.org

#### **NEED TO REACH US?**

**PUBLIC NUMBER** (805) 648-7282

**DENTISTS ONLY UNLISTED NUMBER** (805) 643-3670

FAX (805) 648-5154

### E-MAIL: execdirector@sbvcds.org www.sbvcds.org

#### **IMPORTANT NUMBERS**

**AMERICAN DENTAL ASSOCIATION** (800) 621-8099

**CALIFORNIA DENTAL ASSOCIATION** (800) 736-8702

**SOUTHERN CALIFORNIA WELL-BEING COMMITTEE'S CONFIDENTIAL** HOTLINE (213) 383-2691